Suitability of Quaternary Sediments of Wadi Arar, Saudi Arabia, as Construction Materials
An Environmental Radioactivity Approach

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Abstract—The surficial quaternary deposits of Wadi Arar were radioactively evaluated for construction purposes. The concentrations of $^{226}$Ra, $^{232}$Th, and $^{40}$K were used to evaluate the radioactive suitability of Wadi Arar. Gamma-spectrometry technique with an HPGe detector was used to measure the concentrations of Ra, Th, and K. The average specific activities of Ra, Th, and K were 22.92, 16.99, and 223.66Bq/kg respectively. The average value of the air absorbed dose rate (D) was 30.47nGy/h. The average values of the indoor and outdoor annual effective dose equivalent (AEDE) were 149.46 and 37.36µSv/y respectively. The average value of the effective dose index (Rae) was 64.44Bq/kg. The maximum values of the external and internal hazard index (H) were 0.20 and 0.27 respectively. Radioactivity concentration and hazard index values are within the acceptable global values and do not pose any potential threat to the population. These results reflect the safety of Wadi Arar as a site for construction and the potential to use depositional sediments at the site as construction materials.

Keywords—environmental; geology; construction; radiation; HPGe

I. INTRODUCTION

Wadis, coasts, and deserts are possible construction sites and sources for construction materials. Radioactive hazards are one of the factors that affect the selection of construction material sites. Geological, geochemical, pathological, and ecological processes along with seasonal changes are some of the main processes that influence natural radioactivity [1]. Radiation level concentrations differ depending on rock-type, soil, or sediment [2]. The discharge of gamma radiation from naturally occurring radioisotopes depends on land conditions, and is globally characterized by various levels [3]. Due to the presence of active faults and lineaments, some areas experience elevated concentrations of K, Ra, and Th in soil samples [4]. Similar researches concluded in varying results. Gamma-ray spectroscopy was used to assess the average effective dose of $^{226}$Ra, $^{232}$Th, and $^{40}$K in Punjab, India in [5]. Assessments of the natural radionuclide contents of $^{238}$U, $^{232}$Th, and $^{40}$K at Tushki, Egypt using gamma-spectrometry analysis showed high background radiation, thankfully far from habitation and cultivated regions [6]. Naturally occurring radioactivity in soil samples at Akwa Ibom, which were evaluated were less than the recommended safety limits [7]. All health hazard indices were well below their recommended limits for samples collected from locations at Aden, south of Yemen [8]. Maximum and minimum activity $^{40}$K concentrations in water samples at Abuja, Nigeria were ranked in [9]. Soil sediments in the Udi and Ezeagu areas of the Enugu State, Nigeria have reduced concentrations of $^{40}$K, $^{226}$Ra, and $^{232}$Th [10]. Authors in [11] found that the radiological effects of soil samples from Geregu were below the standard limits and posed no potential significant effects on public health. Authors in [2] analyzed the radionuclide activity concentrations of $^{40}$K, $^{226}$Ra, and $^{232}$Th in sand deposits from the Bharathapuzha River, India, and found that the concentrations were higher than the international recommended values. The specific natural radionuclide activities in sediment samples collected from Beni Haroun Dam, Algeria had no hazardous indices compared with analog measurements from other locations [12].

In Saudi Arabia, the strategic road that connects Arar and Aljouf is crossing Wadi Arar while the urban expansion of Arar extends in the southeastern direction towards Wadi Arar (Figure 1). Radon concentrations in this Wadi, reflect a significant correlation between the RAD7 and Cr-39 techniques that were used to detect it [14], while it has a significant correlation with coarse and fine sand grain size [15]. Authors in [16-19] used gamma spectroscopic analysis measuring the radioactivity of Ra, Th, and K, to obtain hazard indices in AlKhobar, Jeddah, Aqabah, and Al-Dahna respectively. According to them, the hazard indices at Ad-Dahna were below the global average, but the values of K at Jeddah and Aqabah were much higher than the global average.

Considering $^{226}$Ra, $^{232}$Th, and $^{40}$K, this study was conducted on 22km of the surficial deposits of Wadi Arar (Figure 1). The assessment of radiation concentrations and hazard indices at this Wadi will allow us to i) evaluate the site validity for future urbanization and the potential use of sediment deposits as construction materials, ii) support interpretations of subsurface structural geology, and iii) perform comparisons and
interpretations of radiation hazards in Wadi environments with the global environment.

![Study area profiles in Wadi Arar. (Screenshot from Google Earth)](image)

II. STUDY AREA

A. Geological Setting

The Arar quadrangle underlies the Late Cretaceous Aruma Formation and Paleogene and Neogene sedimentary rocks [20]. Sedimentary rock units of Devonian, Silurian, and Ordovician are also representative of the subsurface formations. Wadi Arar cuts off these formations from the southwest to the northeast, filling this area with quaternary deposits, such as gravel, sand, and silt, which lie above the sedimentary rocks. According to the structural geology perspective, the Arar arch traverses the study area, trending from southwest to northeast. Flood seasons have continually transported these deposits and soil sediments on the same trend of Arar arch.

B. Location and Sampling

Geological and topographic maps of the northern border region [13, 20] were used to adapt to the study area. The study area of Wadi Arar is located between 30°50'30"N and 30°56'30"N and 40°50'30"E and 41°02'30"E. Seven profiles (A, B, C, D, E, F, and G) were chosen at the peak of water deposition or sediment erosion. The total distance from profile A to G was 22km, with an average distance of 3km between each profile (Figure 1). Five samples of 1kg from each station were sealed in plastic bags and stored for laboratory tests.

III. HAZARD PARAMETERS

A. Detector

Samples with an average weight of 180g were placed in sealed cylindrical 100mL plastic containers and used to measure the Naturally Occurring Radioactive Materials (NORM). The containers were stored for one month to obtain secular equilibrium in each natural radioactive series, where the rate of daughter decay reaches equilibrium with that of the parents. Activity concentration measurements were performed using a gamma-ray spectrometer equipped with a high-purity germanium (HPGe) detector that was enclosed in a 10cm cylindrical multilayer graded shield (Canberra 747E). The HPGe detector has an efficiency of 60% and energy resolution of 2.4keV at 1,332.5keV from a 56Co gamma-ray. The detector was coupled with an amplifier to the computer using a multi-channel analyzer. Calibration of the energy, efficiency of the detector and efficiency of the sample geometry were performed using the methods described in [21–23]. 1,461 keV γ-line was used to determine 40K activity while 226Ra and 232Th activities were determined indirectly using the most intense non-interfering gamma lines (295 and 352keV for 214Pb, 609, 1120, and 1764keV for 210Po, 583 and 2614keV for 208Tl, 338, 911, and 968keV for 228Ac). Each sample was measured for 24hr in order to obtain a sufficient amount of data [24].

B. Air-Absorbed Dose Rate (D)

The measured concentrations of 226Ra, 232Th, and 40K were converted to a total absorbed gamma dose rate in the air at one meter above the ground using the Monte Carlo method [3] based on the following equation:

\[
D(nGy\cdot h^{-1}) = 0.462A_{Ra} + 0.621A_{Th} + 0.0417A_{K}
\]

where \(D\) is the air-absorbed dose rate and \(A_{Ra}, A_{Th},\) and \(A_{K}\) are the activities, in Bq/kg, of Ra, Th, and K, respectively.

C. Annual Effective Dose Equivalent (AEDE)

The annual effective dose provides a measure of the total radiation risk to an individual organism. The conversion coefficient from the absorbed dose in the air to the effective dose and the indoor occupancy factor was used to estimate the annual effective dose with a conversion factor of 0.7Sv/Gy [2]. Assuming that people spend, on average, approximately 29% of their time outdoors and 80% indoors [3], the annual effective dose was calculated with the following equations:

\[
AEDE\text{ indoor (mSv y}^{-1}\text{)} = D\text{ (nGy h}^{-1}\text{)} \times 8760 \times 0.8 \times 0.7 \text{ Sv Gy}^{-1} \times 10^{-6}
\]

\[
AEDE\text{ outdoor (mSv y}^{-1}\text{)} = D\text{ (nGy h}^{-1}\text{)} \times 8760 \times 0.2 \times 0.7 \text{ Sv Gy}^{-1} \times 10^{-6}
\]

D. γ-Ray Radiation Hazard Indexes (Ra_{eq})

The natural radiation in building materials is not uniform and is typically determined by the concentrations of 226Ra, 232Th, and 40K [2]. Uniformity for radiation is denoted in terms of radium equivalent activity Ra_{eq}, in Bq/kg, to match the specific activity of a fabric that contains a different quantity of 226Ra, 232Th, and 40K by a single amount. It is a commonly used hazard index, which is calculated using the following equation [2]:

\[
Ra_{eq} = C_{Ra} + 1.43 C_{Th} + 0.077 C_{K}
\]

where \(C_{Ra}, C_{Th},\) and \(C_{K}\) are the activity concentrations of 226Ra, 232Th, and 40K, in Bq/kg respectively. It has been assumed that 370Bq/kg of 226Ra, 259Bq/kg of 232Th, or 4810Bq/kg of 40K produce the same gamma dose rate [2].

E. Hazard Index (H_{ex}, H_{in})

In their research on sandy soil, authors in [24] obtained an external hazard index using the Ra_{eq} expression from (4) by...
suggesting that the maximum allowed value (equal to unity) corresponds to the upper limit of $Ra_{eq} (370 \text{Bq/kg})$. This index value must be less than unity to maintain an insignificant level of radiation hazard, i.e. the radiation exposure due to construction material radioactivity is limited to 1.0 mSv/y. The external hazard index can be defined with the following equation:

$$H_{ex} = \left(\frac{A_{Ra}}{370} + \frac{A_{Th}}{259} + \frac{A_{K}}{4810}\right) \leq 1 \quad (5)$$

where $A_{Ra}$, $A_{Th}$, and $A_{K}$ are the specific activities of Ra, Th, and K in Bq/kg respectively, while 370, 259 and 4810 are the activities, in Bq/kg, of Ra, Th, and K that produce the same gamma dose rate.

In addition to the external hazard index, radon and its short-lived daughter products are hazardous to respiratory organs [3].

Internal exposure to radon and its daughter products can be quantified with the internal hazard index $H_{in}$ [3], which is given by the following equation:

$$H_{in} = \left(\frac{A_{Ra}}{185} + \frac{A_{Th}}{259} + \frac{A_{K}}{4810}\right) \leq 1 \quad (6)$$

where 185, 259 and, 4810 are the activities of Ra, Th, and K respectively that produce the same gamma dose rate. The value of the internal hazard index $H_{in}$ must be less than unity to maintain a negligible level of radiation hazard [25].

IV. RESULTS

The concentrations of the naturally radioactive elements (K, Ra, and Th) and the hazard indices from soil sediments in the surficial layer at different locations of the Wadi Arar are listed in Table I and plotted in Figures 2–7.

<table>
<thead>
<tr>
<th>Location</th>
<th>$^{226}$Ra</th>
<th>$^{232}$Th</th>
<th>$^{40}$K</th>
<th>$D$</th>
<th>AEDE indoors</th>
<th>AEDE outdoors</th>
<th>$Ra_{eq}$</th>
<th>$H_{ex}$</th>
<th>$H_{in}$</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Bq/kg</td>
<td>Bq/kg</td>
<td>Bq/kg</td>
<td>mGy/h</td>
<td>µSv/y</td>
<td>µSv/y</td>
<td>Bq/kg</td>
<td></td>
<td></td>
</tr>
<tr>
<td>A</td>
<td>19.80</td>
<td>8.56</td>
<td>132.89</td>
<td>20.00</td>
<td>98.14</td>
<td>24.53</td>
<td>42.27</td>
<td>0.11</td>
<td>0.17</td>
</tr>
<tr>
<td>B</td>
<td>21.85</td>
<td>16.59</td>
<td>260.00</td>
<td>31.24</td>
<td>153.25</td>
<td>38.31</td>
<td>65.59</td>
<td>0.18</td>
<td>0.24</td>
</tr>
<tr>
<td>C</td>
<td>20.79</td>
<td>18.89</td>
<td>305.96</td>
<td>34.09</td>
<td>167.25</td>
<td>41.81</td>
<td>71.36</td>
<td>0.19</td>
<td>0.25</td>
</tr>
<tr>
<td>D</td>
<td>22.59</td>
<td>17.16</td>
<td>169.20</td>
<td>28.15</td>
<td>138.09</td>
<td>34.52</td>
<td>60.16</td>
<td>0.16</td>
<td>0.22</td>
</tr>
<tr>
<td>E</td>
<td>26.20</td>
<td>20.13</td>
<td>241.95</td>
<td>34.69</td>
<td>170.20</td>
<td>42.55</td>
<td>73.62</td>
<td>0.20</td>
<td>0.27</td>
</tr>
<tr>
<td>F</td>
<td>25.93</td>
<td>19.13</td>
<td>265.30</td>
<td>34.92</td>
<td>171.32</td>
<td>42.83</td>
<td>73.71</td>
<td>0.20</td>
<td>0.27</td>
</tr>
<tr>
<td>G</td>
<td>23.31</td>
<td>18.45</td>
<td>190.30</td>
<td>30.16</td>
<td>147.96</td>
<td>36.99</td>
<td>64.35</td>
<td>0.17</td>
<td>0.24</td>
</tr>
<tr>
<td>Average</td>
<td></td>
<td></td>
<td></td>
<td>30</td>
<td>400</td>
<td>57</td>
<td>450</td>
<td>70</td>
<td>370</td>
</tr>
<tr>
<td></td>
<td></td>
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<td></td>
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<td></td>
<td></td>
<td>$\leq 1$</td>
<td>$\leq 1$</td>
<td></td>
</tr>
</tbody>
</table>

The average concentrations of Ra, Th, and K at Wadi Arar are 22.9, 17.0, and 223.7 Bq/kg respectively, while the value range was 19.8–26.2 for Ra, 8.56–20.13 for Th and 132.89–305.96 for K. It was observed that K>Ra>Th which is consistent with their global order while the average concentrations of Ra, Th, and K were lower than the average internationally recommended concentrations of 35, 30, and 400 respectively [3]. Th and K were 0.6 times lower than the average internationally recommended values, whereas Ra was 0.7 times lower. Depending on the similarity between the three radioactive isotopes at each location, data were plotted using a 3-D method to classify the Wadi Arar from a radioactivity cluster perspective (Figure 3). Wadi Arar was classified into three clusters: the first cluster included profiles A, D, and G, the second included profiles C and B, and the third included profiles E and F.

![Fig. 2. Ra, Th, and K concentrations at the Wadi Arar which show a generally increasing trend in K concentration (red arrows) ![Fig. 3. A 3-D plot of the Ra, Th, and K concentrations (Bq/kg) for the different study area profiles](image)

![Fig. 4. The absorbed dose in air which shows a generally increasing trend in concentration (red arrow) ![Table I. Natural radionuclide activity levels and radiation risk indices.](table)
Assuming that the naturally occurring radionuclides have a uniform distribution [3], the absorbed dose rates (D) were calculated from the gamma radiation in the air at 1m above the ground. The rates varied from 20 to 34.92nGy/hr, with an average value of 30.47nGy/hr (Table I). Figure 4 shows two peaks of the D values at stations C and F. The D values increase from the northeast (location A) to the southwest (Location G) (red arrow). Based on these results, the Wadi Arar can be classified into two absorbed dose zones, i.e. A–D and D–G. The calculated values for AEDE were between 98.14 and 171.32μSv/y, with an average of 149.46μSv/y. The annual effective outdoor dose rate ranges from 24.53 to 42.83μSv/y, with an average of 37.36μSv/y (Table I). Figure 5 shows the changes in both indoor and outdoor annual effective dose, which are characterized by a general trend (red arrow) that increased from location A to G with two peaks at C and F. Table I also summarizes the Ra_{eq} estimated values for the study area. Figure 6 shows the changes that occur at each location, which are characterized by a general trend that increases from A to G with two peaks at C and F. The calculated values for the external and internal hazard index (H_{ex} and H_{in}) ranged from 0.11 to 0.20 and 0.17 to 0.27 respectively. Figure 7 illustrates those changes, which are characterized by a general hazard index trend (red arrow) that increases in the southwest direction (location D). Based on the results for both isotope concentrations and hazard indices, two radioactive zones can be assessed. The values increase from the northeast to the southeast and are lower than average global values.

V. DISCUSSION

It was observed that, the values at profile D were less than the international average for a gamma radiation dose level from terrestrial sources [3] and less than the average value reported by numerous countries such as the United States, Switzerland, Spain, Greece, Egypt, Iran, India, China, and Korea in 2005 [4]. The results for the indoor and outdoor AEDE were within the average global limits, which are 450 and 70μSv/y, respectively. Therefore the sampled sediments can be safely used for construction materials. The estimated average Ra_{eq} value was lower than the maximum permissible value of 370Bq/kg suggested for building materials concerning radiation hazards [2]. H_{ex} and H_{in} values were lower than unity, so the soil samples at Wadi Arar are considered safe and can be used as construction materials without posing any significant radiological threat to the population, according to [26]. The concentrations of radioactive elements generally increase from the northeast to southwest. In comparison with 232Th and 226Ra, 40K has the highest radioactive concentrations throughout Wadi Arar, which includes two concentration peaks at profiles C and F (Figure 2), indicative of the availability of potash feldspar minerals. Fluctuations in the radioactive concentrations may represent the availability of more rock and mineral resources in the study area, such as carbonate and silicate minerals that include sedimentary rocks from the Badanh and Zallum formations, i.e. limestone, sandstone, and shale [20, 27].

Based on a similarity analysis, Figure 2 shows profiles A, D, and G as one cluster, which has reduced 40K concentrations, whereas profiles E and F represent another cluster that has increased 228Ra concentrations. Profiles B and C have the highest 40K concentrations. The availability of more Sha’ibs [28] or tributaries that pass through profiles A, D, and G possibly transport new sediment to wadi deposits may reduce the isotope radiation concentration. Additional sediments modify the deposit composition by adding new minerals. On the other hand, the proximity of geological structures, such as the Arar arch folds or graben faults, possibly changes radioactive element concentrations (Figure 8). For example, weathering and erosion can affect the fold’s hinge zone and cover it with sediments. Profiles A, D, and G are located on...
identical rock types, where profile A is located on the first fold limb, D is located on the second fold limb, and G is on the third fold limb. These locations may create a situation that yields identical radioactive concentrations at a small-scale. Background radiation is present everywhere so, spectrum analysis should be conducted using lead absorbers around the instruments. Otherwise high temperature can create electrical noise and ruin the detector, so the detector must be cooled.

From a radiation perspective, local authorities have to take the conclusions of this paper in consideration along with the construction codes in Wadi Arar. The results of this study on the radioactivity in Wadi Arar can be used for global comparison and mapping. This requires essential communication between the construction sector and the population regarding the radiation issues in Wadi Arar.

VI. CONCLUSION

Based on the acquired results from this study on the radioactivity of $^{226}$Ra, $^{232}$Th, and $^{40}$K in Wadi Arar, the following can be concluded:

- The average radioactivity concentrations of $^{226}$Ra, $^{232}$Th, and $^{40}$K of the soil surface deposits in Wadi Arar are 22.92, 16.99, and 223.66Bq/kg respectively, while their range is 19.8–26.2, 8.56–20.12, and 132.89–305.96Bq/Kg, respectively.
- Radioactivity tends to increase from the northeast to southwest.
- Based on the fluctuations in radioactivity, Wadi Arar deposits can be divided into two radiological zones: from locations A to D and from D to G with maximum concentrations of 365 and 265Bq/Kg, respectively.
- From a radiological perspective and regardless of other geotechnical properties, soil surface deposits in Wadi Arar can be used as construction materials without posing any significant radiological threat.
- Potassium has higher concentration compared with the two other radioactive elements, which indicates high occurrence rate of potash feldspar minerals in Wadi Arar deposits, such as plagioclase.
- Fluctuations in radioactive concentrations in Wadi Arar may reflect the occurrence of geological structures, such as fault, folds, or changes in lithology.

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REFERENCES


